

Workshop List

The following is a list of workshops that I have created and facilitated since 1992. Interested in a specialized group training? Complete the **contact page** and I will set up a meeting to discuss details. Let's build your team's skills so your organization can take inspired actions to make life better for yourself, your community, and our world!

WRITING & STORYTELLING

- (2021) Revelations of the Heart: A 7-Week Therapeutic Writing Group, Santa Fe, NM
- (2019) A Teambuilding Workshop: Exploring the Mission of the Jewish Care Program through Story, Albuquerque, NM
- (2015) Transformation of the StoryTeller through Storytelling, Santa Fe, NM
- (2013) Transformational Monologues for Caregivers, Project Life Stories, Santa Fe, NM
- (2011) StoryNatureSpirit, TrailWriters, Santa Fe, NM
- (2010) Hineni: Jewish Presence Practice in Nature, Camp Chai, San Diego, CA
- (2010) The 13 Attributes of Mercy and Compassion: A Ritual and Writing Group, Santa Fe, NM
- (2010) Not All Who Wander Are Lost: Exploring Exile and Redemption, Las Vegas Jewish Community, Las Vegas, NM
- (2008) ReWriting Your Life Story: Naming and Narrative in Nature, Santa Fe, NM

EMOTIONAL INTELLIGENCE & NONVIOLENT COMMUNICATION

- (2021) Empathy 101: Nonviolent Communication for Young Leaders, Tomorrow's Women, Santa Fe, NM
- (2018) Nonviolent Communication in Couples Therapy, Santa Fe, NM
- (2016) Emotional Intelligence with an Intensive Outpatient Addiction Recovery Group, Solutions Treatment Center, Santa Fe, NM
- (2016) Integrating the Herrmann Brain Dominance Instrument and EI for Addictions Recovery, Solutions Treatment Center, Santa Fe, NM
- (2013) Compassionate Communication for Counselors, Eden Village Camp, NY
- (2013) Empathy as a Communication Tool for Project Managers, University of Colorado, CO
- (2012) Constructive Confrontations, Los Alamos National Laboratory, NM

NARRATIVE & FAMILY SYSTEMS THERAPY

- (2017) Inner and Outer Life Skills: A Stress Reduction Course for Youth, NM Suicide Intervention Project/The Sky Center, Santa Fe, NM
- (2017) Vocational Family Systems Therapy: Changing The Narratives For Women Over 40, Santa Fe, NM
- (2016) Playful Approaches to Family Therapy, Narrative Family Therapy Group, Santa Fe, NM

LANGUAGES & MARTIAL ARTS

- (2005) TESOL: Teaching English to Speakers of Other Languages, School of International Training, Santa Fe, NM
- (2005) Spanish for 8th Grade Using the Total Physical Response Method, Santa Fe Girls School, Santa Fe, NM
- (1995-1998) Cuong Nhu Martial Arts Kids Program, Ages 6-12, Piscataway, NJ
- (1992) Spanish for Gringos: Beginner and Intermediate Conversational Spanish, Adult Community Programs, Piscataway, NJ